



2006-07
High School BOWLING Official
g u i d e

USBC High School
5301 S. 76th St.
Greendale, WI 53129
(800) 514-BOWL, ext. 3179
E-mail: USBCHighSchool@bowl.com
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HS0001 • 7/06



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Did he pick up a 7-10 split, or a Spicy Buffalo Chicken Melt?
 Denny's is proud to support high school bowling.



Welcome to USBC High School!

The United States Bowling Congress remains committed to the growth of youth bowling by actively growing and supporting high school bowling programs nationwide. According to the National Federation of State High School Associations, bowling remains the fastest-growing high school sport by largest percentage increase in participation.

During the 2005-06 school year, high school bowling continued to expand as three states added bowling as a varsity sport for the 2006-07 school year. With the addition of Iowa, New Mexico and Ohio, 19 states now offer statewide high school varsity bowling, with 29 states supporting bowling at the club level. USBC High School will continue to work hard during the upcoming season to continue the growth of high school bowling.

Approximately 1,650 coaches representing more than 10,000 high school bowlers took advantage of the free USBC High School Team Membership program last season. More than 300 complimentary honor score awards were given out and additional high-quality awards were available for teams to purchase. Congratulations to each student-athlete who achieved an honor score! We look forward to further score recognition in the upcoming sea-

son as more coaches learn about the benefits of the USBC High School Team Membership program.

Last season, coaches around the country with teams enrolled in the free USBC High School Team Membership nominated their outstanding student-athletes for selection to the Dexter/USBC High School All-American Team. The 10 bowlers comprising the inaugural All-American Team each received an award and \$1,000 scholarship commemorating their athletic performance, academic achievement and community involvement. Read more about the Dexter/USBC All-American Team and this year's nomination process in this guidebook.

USBC High School is here as a resource for supporting and growing high school bowling programs. We want to hear your comments, questions and suggestions – visit the High School section of bowl.com or call (800) 514-BOWL, ext. 3179.

Good luck in the 2006-07 season!

Jeanne Klescewski
 Director, USBC High School and Collegiate



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What is USBC High School

USBC High School

The United States Bowling Congress High School program offers assistance in the creation and maintenance of high school bowling programs to school administrators, high school state athletic associations, state proprietor associations, proprietors and industry member organizations

USBC High School actively offers guidance to all levels of high school bowling by providing rules, instructional opportunities, membership, awards and industry resources to ensure the success of high school bowling nationwide.

USBC High School maintains strong relationships with the National Federation of High School Associations, state athletic associations, the Bowling Proprietors' Association of America and USBC Coaching. It provides a steppingstone to further developmental opportunities such as collegiate bowling and the USBC Junior Gold program.

Mission

USBC High School serves as the resource for the creation and support of interscholastic high school bowling programs.



State Interscholastic Association

Varsity Recognition

The goal of USBC High School is to receive recognition as a varsity sport from each of the 51 state interscholastic associations. Each state interscholastic association has its own criteria for adding sports, so it's impossible to list all steps necessary in each state. Here are a few suggestions:

- When creating the original program, be sure to contact the state interscholastic association and request their suggestions and ideas.
- Always follow the rules and regulations for currently operating varsity sports in your state.

Most state associations require a minimum number of schools to be participating. Determine that number at the beginning and expand the program annually to reach those numbers.

- State interscholastic associations require that the schools themselves make the request to be recognized as varsity level. Determine from the beginning who will represent the schools, athletic directors or principals and make sure to communicate regularly.

However, a program can be recognized by any individual high school as a varsity sport within that school. Check with the school athletic director or principal to determine the steps necessary to have a program recognized as varsity team within individual schools.



USBC High School Advisory Council

The role of the USBC High School Advisory Council is to serve as a resource to USBC High School: helping to identify future goals for the program, assisting in the development of new programs that will enhance the high school program and maintaining open lines of communication between USBC High School, administrators of high school bowling programs nationwide and athletic association representatives. The USBC High School Advisory Council includes the following individuals:

Randy Allen
Assistant Director
Michigan High School Athletic Association
East Lansing, Mich.

Scott Bennett
Executive Director
Bowling Centers Association of Michigan
Lathrup Village, Mich.

Ricky Bourgeois
Chairman
Bowling Proprietors' Association of America High School Bowling Committee
Baton Rouge, La.

Sherissa Bramer
Board of Directors
United States Bowling Congress
Mechanicsburg, Pa.

Tim Flannery
National Federation of State High School Associations
Indianapolis, Ind.

Sue Hinrichsen
Assistant Executive Director
Illinois High School Association
Bloomington, Ill.

Pam Long
Staff Member
Bowling Proprietors' Association of America
Arlington, Texas

Paul McLaughlin
Director of Athletics
Florida High School Athletic Association
Gainesville, Fla.

John Sommer
Member
Bowling Proprietors' Association of America High School Bowling Committee
Rockford, Ill.

Jim Sturm
Secretary/Treasurer
Bowling Proprietors' Association of America
Dunbar, W.Va.



Meet the USBC High School Staff

JEANNE KLESCEWSKI, DIRECTOR

Klescewski is responsible for the oversight of all aspects of the USBC High School and Collegiate programs. She is directly responsible for the growth and development of high school and collegiate bowling nationwide at all levels, including working with the NCAA, NJCAA, NAIA, National Federation of State High School Associations as well as each of the 51 state athletic associations. In addition, she oversees the USBC Intercollegiate Team Championships and the USBC Intercollegiate Singles Championships.

Klescewski's experience with the High School and Collegiate programs over the past six years includes serving in the dual capacity of Varsity Bowling Manager for both programs, where she was very active in the transition/addition of women's bowling teams to NCAA status as women's bowling advanced from a NCAA 'emerging sport' to full championship status. In addition, she also worked very closely with several states, assisting them with the development of many statewide high school programs dating back to the "Give Me a B for Varsity Bowling" initiative when high school bowling was a joint YABA and Bowling Proprietors' Association of America effort.

Klescewski also previously served as YABA Special Projects Manager and was heavily involved in the development of YABA's membership magazine, *Xpress*. She also worked in the WIBC Executive area and Education department during her 11-year tenure at USBC Headquarters. She graduated with a bachelor's degree in Business from Alverno College in Milwaukee.



KEVIN GABINSKI, ASSOCIATE DIRECTOR

Gabinski's responsibilities include developing, growing and enhancing varsity bowling opportunities at the high school and collegiate levels, including serving as a liaison to the NCAA, NJCAA, NAIA, National Federation of State High School Associations as well as each of the 51 state athletic associations. In addition, he also assists with all aspects of event and program development for both programs.

Previously, Gabinski oversaw all aspects of the public relations efforts for the High School and Collegiate programs. During his time at USBC Headquarters, he has also handled the public relations efforts for YABA, Junior Team USA and served as a liaison to the Professional Women's Bowling Association.

Gabinski's experience in college athletics includes working in the sports information departments at the University of Wisconsin-Milwaukee and the University of Toledo. He graduated from UW-Milwaukee with a bachelor's degree in Mass Communications.



GARY BROWN, ASSOCIATE DIRECTOR

Brown's responsibilities include developing, growing and enhancing varsity bowling opportunities at the high school and collegiate levels, including serving as a liaison to the NCAA, NJCAA, NAIA, National Federation of State High School Associations as well as each of the 51 state athletic associations. In addition, he also assists with all aspects of event and program development for both programs.

As part of his previous duties as a USBC senior rules counselor, Brown was a liaison to USBC High School and Collegiate and was responsible for overseeing the creation of high school and collegiate bowling rules along with the high school postseason processing program. He also previously served as a marketing manager and event manager at USBC Headquarters.

Brown graduated from Indiana University, where he was a four-year member of the men's bowling team, with a bachelor's degree in Sport Marketing and Management and a master's degree in Sport Marketing and Athletic Administration.



CHRIS STOEHR, ASSOCIATE DIRECTOR

Stoehr has been a part of collegiate bowling since the inception of the ABC/WIBC Collegiate Division more than 25 years ago. She has worked under all seven of the collegiate bowling directors during her tenure, including current USBC Chief Executive Officer Roger Dalkin.

Her responsibilities include overseeing the daily operations of the Collegiate program including membership, eligibility, rules, budgeting and awards. Stoehr also serves as the tournament office director for the USBC Intercollegiate Team Championships and the USBC Intercollegiate Singles Championships. Stoehr works closely with the National Collegiate Bowling Coaches Association regarding the collegiate polls and post-season competition and awards.

Stoehr was the recipient of the 1985 NCBCA Gordon Teigen Service Award for her outstanding service to college bowling. She also was involved with the USA Junior Gold Bowling National Championships during her tenure at USBC.



Carolyn Dorin-Ballard

USBC HIGH SCHOOL SPOKESPERSON

Carolyn Dorin-Ballard was named the official spokesperson for High School Bowling in March 2002. The 2001 Professional Women's Bowling Association Player of the Year has had a distinguished bowling career that dates back to her childhood growing up in New Jersey. Before achieving bowling success at the collegiate and professional levels, Dorin-Ballard was a standout bowler at Linden High School in Linden, N.J.

Following her scholastic years, Dorin-Ballard moved on to West Texas State University where she earned All-American honors three straight seasons from 1987-89. She also led her team to back-to-back Intercollegiate Bowling Championships titles in 1987 and 1988.

Dorin-Ballard's high and collegiate success has parlayed into a successful career in the professional ranks. The 15-year pro has won 20 titles, including the 2001 Women's International Bowling Congress Queens Tournament. She is still active at a high level, as she regularly competes in Professional Bowlers Association national and regional events and rolled back-to-back 300 games during 2005 PBA Southwest Region Classic Products Fort Worth Open, becoming first woman in PBA history to roll consecutive 300s.

In addition to serving as the USBC High School spokesperson and competing in PBA events, Dorin-Ballard remains active in all aspects of bowling. She is on the Storm Pro staff and is the national coordinator for its high school bowling/youth clinics and is a member of the Dexter Pro Staff. She is on the BPAA Coaching Committee and works with the "Coach It Up" program.



PERSONAL

Residence: North Richland Hills, Texas...Birth date: July 29, 1964...Started bowling at age 6...Husband Del Ballard, Jr. is a 12-time PBA champion, including the 1988 Masters title...Daughter Alyssa was born March 19, 2004.

HONORS

2001 PWBA, BWAA, *Bowling Digest* Player of the Year...2001 *Bowlers Journal International* Person of the Year...2001 ESPY nominee for Bowler of the Year...Five-time *Bowlers Journal International* All-American...Six-time WIBC All-American ... Four-time runner-up PWBA Player of the Year.



"High school bowling provides terrific opportunities for youth. It teaches discipline and builds confidence."

- Carolyn Dorin-Ballard

History of High School Bowling

High School Bowling has been an operating entity for a very long time. Chicago's Milt Raymer, an American Bowling Congress Hall of Famer, initiated one of the nation's first high school bowling programs more than 60 years ago.

The first officially recorded competition was in 1937 when Raymer organized a four-team boys' league at Tilden Technical High School in Chicago. The word of Raymer's program quickly spread to other schools and soon the Chicago High School Bowling Club was developed to govern high school bowling activities.

Other areas of the country became interested and Raymer began operating the American High School Bowling Congress from the basement of his home in 1941. The program was temporarily discontinued when Raymer entered the military service in 1942, but it was reinstated upon his discharge in 1946.

The National Bowling Council, which was organized in 1946, took over sponsorship of Raymer's group later that year and renamed it the "American Junior Bowling Congress" in 1947, with the focus changing to include youth of all ages, rather than focusing just on high school students.

In 1964, the Bowling Proprietors Association of America and AJBC began running separate youth programs due to philosophical differences. BPAA created its own Youth Bowling Association and began working with the National Federation of State High School Associations with aims set at bringing bowling to schools in the form of intramural programs and physical education classes. The AJBC continued under the auspices of the ABC and the Women's International Bowling Congress and moved its office to Milwaukee. After years of discussions between the groups, the Young American Bowling Alliance was created in 1982, combining AJBC and YBA.

Throughout this time, high school varsity bowling began to grow in different parts of the country, with varsity bowling being recognized throughout New York and New Jersey for quite some time, with New Jersey's statewide varsity bowling status dating back to 1958.

Miami's Dade County first recognized high school bowling as a varsity sport in 1963, when eight area schools fielded teams, though bowling was not recognized statewide in Florida until 2003.

Illinois' began recognizing girls' varsity bowling in 1973, with the schools participating mostly concentrated in the suburbs of Chicago.

Until recently only a handful of other states have offered bowling at varsity status over the years, yet high school club bowling has become wildly accepted in many states.

More recently the Northern Illinois Bowling Proprietors Association and the Bowling Centers Association of Michigan put the importance of high school bowling back into the spotlight, with their strong high school bowling efforts in the Rockford, Ill., area and statewide in Michigan.

The model was followed in southern Illinois which initiated the first Illinois High School Boys Club Championship



Chicago's Milt Raymer, an American Bowling Congress Hall of Famer, initiated one of the nation's first high school bowling programs more than 60 years ago.

Tournament in 1998.

Many other states utilized the framework of Illinois' program to implement high school bowling programs in other states and areas, while also making high school bowling an area aimed at growth throughout the bowling industry.

In 1998, the Billiard Bowling Institute of America partnered with the BPAA and the YABA to produce two videos, one for Proprietors and one for Athletic Directors, to be used for marketing purposes that were an integral part of the newly created "Give Me a B for Varsity Bowling" program.

In January 2001, BPAA appointed a task force to organize the effort to promote high school bowling throughout the United States. The group began rewriting the "Give Me a B" Varsity Bowling Manual and writing the recommendations for the duties of the National Director of High School Bowling, a position that was created to oversee this program. A few months later, a proposal was presented to the executive directors of ABC, WIBC and YABA by the BPAA to create a national program, known as High School Bowling USA. It was approved and funding from all of the groups was provided to support this industry-wide initiative.

In 2005, the bowling industry agreed to move and re-name High School Bowling USA to the United States Bowling Congress in Greendale, Wis., where it is administered as the USBC High School program.

In addition to the statewide varsity bowling programs being run in Illinois, Florida, New Jersey and New York; the states of Alaska (2001), Arkansas (2004), Hawaii (1974), Kansas (2004), Louisiana (2005), Michigan (2003), Mississippi (2004), Nevada (2000), New Mexico (2006), Ohio (2006), Pennsylvania and Tennessee (2001) currently run varsity high school bowling through their state athletic associations for both boys and girls, while Washington (2001) and Iowa (2006) recognize girls varsity bowling. Minnesota (2000) has adapted varsity bowling for boys and girls. In addition, 29 states run programs at the club level.

Philosophy of High School Athletics

To fully understand what is involved in implementing a successful high school bowling program you must first understand the philosophy behind high school athletics. Throughout history the elements of sports and fine arts contests have been established through competitive activities. Interscholastic activities are considered basic to sound educational principles. Activities are a social force which teaches values/achievement by providing a mechanism for student physical, psychological and emotional growth that may not be found in similar form and circumstances in the classroom curriculum.

Participation in activities offers or reinforces responsible social processes. Additionally, beyond the school environment, activities provide an essential means for students to contribute to the immediate and broader welfare of the community to which they belong and from which they derive benefits. Educational experiences gained through activities programs are opportunities to learn, promote and reinforce the elements that influence students to become productive citizens in a democratic society. One of the

primary missions of school communities is to teach participants essential skills that will provide for a lifetime of contributions to their community. Sports and fine arts activities are conduits through which people feel part of the community and thus can be effective vehicles for promoting citizenship.

Further, sports and fine arts activities provide not only the opportunity to teach and learn respect for self and respect for others, but also can place participants in a unique context – competition – that can further instill and hone values necessary for the development of respect for self and others.

(Source: National Federation of State High School Associations)



HIGH SCHOOL ATHLETIC ASSOCIATIONS NATIONAL LEVEL

National Federation of State High School Associations

The National Federation of State High School Associations (NFHS), headquartered in Indianapolis, is the governing body for high school interscholastic activities and athletics. Its mission is to "provide leadership and national coordination for the administration of interscholastic activities which will enhance the educational experiences of high school students." It accomplishes this by promoting participation and sportsmanship through "interscholastic activities that provide equitable opportunities, positive recognition and learning experiences to students while maximizing the achievement of educational goals."

NFHS provides guidelines for state associations regarding eligibility and playing rules governing participation by student athletes in extracurricular activities. Though the NFHS has no specific jurisdiction over individual states nor are states enforcedly bound to NFHS directives, most states do follow the guidelines set forth by the NFHS governing body and, therefore, they become an important consideration in implementation of your high school bowling program.

NFHS • P.O. Box 690 • Indianapolis, IN 46206 (317) 972-6900 • Fax – (317) 822-5700
Web – nfhs.org

STATE LEVEL

Within each state, an association typically governs high school extracurricular activities. It is important to investigate which association is recognized by your state as the governing body before moving your program forward. To find the association that governs your local area, contact the school district or visit the high school section of bowl.com.

From bowl.com, click the high school tab to access the section's homepage. Select the "State Program Contacts" menu link to view contact information for your state's school organization governing bodies.

HOW THEY FUNCTION

Each state athletic association functions independently from other states. The state association has representation from athletic directors in various regions within their state.

It is important to investigate the specific process that applies to your state association when seeking new sport recognition. Many states will have rules mandating a certain percentage of schools' participation in established club level programs before considering adoption as a varsity sport. Other states simply have a rule indicating that athletic directors petition the athletic association for adoption.

The important thing is to do your homework so that you better understand how your state association functions.

Certifying your Post-season Event



You can perform a valuable service to your participants and organization by conducting USBC-certified tournaments. Certification is a free service that provides you and tournament bowlers several benefits from USBC:

- Rules guidance for your particular competition.

Expert assistance in resolving problems, if they arise. Special recognition for USBC members for high scores and other achievements. (Only entrants who are established USBC members before entering your tournament are eligible for USBC awards).

Apply for certification

- One month prior to your post-event season, visit the High School section of bowl.com or contact USBC High School for a tournament certification application.
- Submit a completed application to USBC High School at least two weeks before the start of the tournament. Certification is considered only if the application is received before the start of the tournament. This process takes approximately five working days but may take longer during the peak season of November through February.
- Provide the names of all of the centers and tournament managers for each tier of your event (i.e., sectionals, regionals, state) and the dates of all rounds of the tournament
- Include a copy of your rules with the tournament application.
- Identify in the event title that it is a high school event.

Note: if a tournament date and/or site is changed, coverage is not automatically extended. USBC must be notified of the change before the tournament is conducted. Notify USBC in the event that your tournament is canceled.

After the event

Send final results of event to USBC High School via e-mail at usbchighschool@bowl.com.

Submit any media release/news stories to USBC High School

Request a certification application:

On the Web: High School section of bowl.com

E-mail: tournamentcert@bowl.com

Fax: (414) 421-1650

Phone: (800) 514-BOWL, ext. 3157

Mail: 5301 S. 76th St., Greendale, WI 53129

US BOWLING CONGRESS™

Bowl with US™

“I’ve been on my school’s bowling team all four years. The competition in high school is better than in a regular bowling league. Plus, we get to move on to regionals and state.”
— Nick Palanyk, Brother Rice High School, Chicago

USBC High School Team Membership Program

USBC High School offers high school bowling varsity and club programs a free team membership. Open to all high school teams that participate interscholastically, the program provides benefits exclusive to high school bowlers and coaches.

ATHLETE BENEFITS

Awards

Letter jacket pins for 298, 299 and 300 games as well as 700, 800, 900 series and Baker 300 games. Additional awards for conference and team accomplishments are available for coaches/teams to purchase at bowl.com.

US Youth Bowler magazine

One complimentary issue of USBC’s quarterly youth bowling magazine packed with tips, news and photos.

Scholarships

Eligibility for Dexter/USBC High School All-American Team consideration with \$1,000 scholarship. Awards honor academic accomplishments, community service and high school bowling performance.

COACH BENEFITS

Guidebooks

Complimentary copies of the *USBC High School Official Guide* and *USBC High School Coaches Guidebook*, offering rules, skill drills, team organization tips and more.

Athlete recognition

Coaches can nominate athletes for the Dexter/USBC High School All-American team, entitling youth to national recognition and scholarships.

Coaches: Register teams online at the High School section of bowl.com

The free USBC High School team membership is not transferable to regular USBC membership, nor can the average attained be used in place of a certified average for tournaments or league qualifying such as the Pepsi Youth Bowling Championships. The team membership is only valid for the length of the high school bowling season.

Samples of Letter Jacket Awards



Purchasable Awards



Visit the High School section of bowl.com to order purchasable awards including lapel pins, letter jacket medallions and rings.

Order by phone: Call Bowling Information Center at (800) 514-BOWL

Dexter/USBC High School All-American Team



“This award is so influential because it gives kids something to look up to. Through high school bowling, I met all kinds of new people from my school. It was a great way to prepare for college because of the teamwork, inspiration and competition.”

*— Amanda Hammel, Olmsted Falls, Ohio
2005-06 All-American Team member*



The United States Bowling Congress and Dexter Bowling annually selects five boys and five girls from around the country to form the Dexter/USBC High School All-American Team.

All members of the Dexter/USBC High School All-American Team receive a \$1,000 scholarship and Dexter/USBC High School All-American team awards.

Selection to the Dexter/USBC High School All-American Team is based on the student-athlete's high school bowling accomplishments from the current school year, academic achievement, recommendations, extracurricular and community involvement, submitted essays and resumes.

Nomination procedure and eligibility

To be eligible for consideration, nominated student-athletes and his/her respective high school team must be registered in the USBC High School Team Membership program for the current high school year.

Student-athletes may only be nominated by his/her high school coach or athletic director. Parents and/or student-athletes may not fill out nomination forms.

Nomination form is available for download on the high school section of bowl.com. All nomination forms must be filled out completely.

Nominations must be postmarked by March 15, 2007.

Submit nominations one of three ways:

- Mail: Dexter/USBC High School All-American, c/o USBC High School, 5301 S. 76th St., Greendale, WI 53129.
- E-mail: usbchighschool@bowl.com, Subject: Dexter/USBC High School All-American.
- Fax: (414) 421-3014, Attn: Dexter/USBC High School All-American

Student-athlete application

After nomination, eligible student-athletes will receive a Dexter/USBC High School All-American Team application packet in the mail. The nominee must submit a completed application packet and \$20 application fee (check or money order only) by the date indicated on the application.

Application packet requirements:

- Official grade transcript showing at least a 3.0 cumulative grade point average on a 4.0 scale (or equivalent)
- Letter of recommendation from a coach, teacher, school official, employment supervisor, etc.
- Essay (500 words or less) from the student-athlete describing why he/she should be recognized as a Dexter/USBC High School All-American.
- Resume outlining bowling accomplishments, academic achievement and extracurricular/community involvement.
- Current photo, preferably a “head shot,” i.e. school yearbook photograph

Continued on page 15

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Dexter shoes are available at pro shops worldwide and online at www.dexterbowling.com

Achieve your goals with USBC SMART

Be SMART

The Scholarship Management and Accounting Reports for Tenpins program is designed to help organizations set-up, manage and disburse youth bowling scholarships as well as help USBC Youth members locate and ensure scholarship dollars for their continuing education.

SMART oversees 2,600 different bowling organizations and 95,000 individual scholarship funds totaling more than \$17 million. More than \$4 million is awarded annually to USBC Youth members, with complimentary assistance for recipients and providers.



Amanda Burgoyne, a current collegiate bowling star at Nebraska, received more than 100 scholarships from USBC's scholarship program.

**Make sure your tournament
is SMART safe!**



**Only scholarships administered through SMART
protect the collegiate eligibility of recipients.**

For more information about USBC SMART and youth scholarships, go to bowl.com, click on the Youth tab and then go to the USBC Smart logo or call (800) 514-BOWL.

2005-06 Dexter/USBC High School All-American Team Members

BOYS

Michael Graham
East Hampton High School
senior
East Hampton, N.Y.
Age: 18



Graham began bowling at age 5 at the urging of his father, who worked in a bowling center pro shop. Graham is on the honor roll and is a member of the National Society of High School Scholars. He volunteers his time as a youth bowling coach at the YMCA and helps with many sports at the Springs Youth Association. This season, Graham racked up a 230 average and took the state all-star team championship.

"This award is icing on the cake after the state championship," said Graham, who will study sports marketing at Western New England College in the fall. "High school bowling shows people how intense the sport can be and how good kids can be at bowling."

Thomas Madrecki
Loyola Academy senior
Northbrook, Ill.
Age: 18
Madrecki, a two-time most valuable player at his school, racked up a perfect game and 760 high series this season. He is a member of National Honor Society and carries a 96.8/100 grade average. Madrecki also volunteers his time to serve youth athletics and church activities.



"This award is a capstone to my high school bowling career," said Madrecki, who will study English as an Echo scholar at the University of Virginia in the fall. "My college doesn't have a bowling team, but I am going to try and start one, maybe at the club level."

Gregory Pizl II
Antigo High School freshman
Antigo, Wis.
Age: 15



Pizl, the only freshman selected to the All-American Team, carries a 3.71/4.0 grade point average and serves as his class vice president. He is a volunteer USBC-certified Level I youth bowling coach

and an assistant coach to a pee-wee baseball team. Pizl took fourth place in singles at the state bowling championships and holds a 279 high game and 760 series.

"I'm honored to be named to the All-American Team," said Pizl, who began bowling at age 3 and racked up a 218 average this season on Antigo's varsity team. "I love bowling. When you're on a team, you can pick each other up after a bad shot, and they do the same for you. It's a good time."

Michael Snell
Plattsmouth High School
senior
Plattsmouth, Neb.
Age: 18



Snell began bowling at age 3 at his grandparents' bowling center and carries a 3.6/4.0 grade point average. He is a member of National Honor Society and volunteers for Special Olympics and at an assisted-living home as well as other organizations. This season, Snell racked up a 211 average and 778 high series.

"This award is a great honor," said Snell, who lettered in both bowling and golf. "Bowling for a high school team is fun, but it's also intense because I feel pressure not to let my teammates down."

John Szczerbinski
North Tonawanda High School
senior
North Tonawanda, N.Y.
Age: 18



Szczerbinski, who began bowling at age 6, carries a 3.5/4.0 grade point average and is a member of National Honor Society. He is active in his church community and serves on the Tonawanda USBC Youth board of directors. This season, Szczerbinski racked up a 233 average and 815 high series and was the 2005 Teen Masters champion.

"It's a great honor to be recognized nationally," said Szczerbinski, who will major in business at college in the fall. "In high school bowling, the competition makes it fun, but aggressive."

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2005-06 Dexter/USBC High School All-American Team Members

GIRLS

Ashley Halter

Pendleton Heights High School senior
Pendleton, Ind.
Age: 18



Halter, who began bowling at age 5, carries a perfect grade point average and is a member of National Honor Society. She is a junior leader for the 4-H program and is a member of the Spanish club. This season, Halter racked up a 204 average and 279 high game and was regional champion.

"My passion for bowling has continued to grow through the years," said Halter, who will attend Ball State in the fall as a pre-med major and member of the traveling bowling team. "With bowling, you can keep setting your goals higher and higher."

Amanda Hammel

Olmsted Falls High School senior
Olmsted Falls, Ohio
Age: 18



Hammel, who began bowling at age 10, carries a 3.95/4.0 grade point average and is a member of National Honor Society. She has volunteered her time as a bowling coach for youth and Special Olympics. This season, Hammel racked up a 201 average and 738 high series.

"This award is so influential because it gives kids something to look up to," said Hammel, who will attend Pikeville College in the fall on bowling and academic scholarships. "Through high school bowling, I met all kinds of new people from my school. It was a great way to prepare for college because of the teamwork, inspiration and competition."

Ellen Morrison

Winnebago High School junior
Winnebago, Ill.
Age: 17



Morrison, who began bowling at age 4, carries a perfect grade point average and is vice president of her school's National Honor Society. She volunteers her time at a nursing home and a rescue mission as well as other

organizations. This season, Morrison racked up a 203 average and 777 high series.

"I love bowling on a team," said Morrison. "I get energized from my team and I've made a lot of friends. I'm looking forward to a good senior year of bowling with the team before everyone goes their separate ways."

Erica Perez

Carteret High School senior
Carteret, N.J.
Age: 17



Perez, who began bowling at age 4, carries a 3.55/4.0 grade point average and serves as her school's National Honor Society president. She volunteers her time at a nursing and rehabilitation facility as well as her church. This season, Perez racked up a 713 high series and 279 high game as well as championship titles in singles and team at the New Jersey state tournament.

"It's a great honor to be chosen as one of five girls in the nation," said Perez, who will attend Farleigh Dickinson University on a bowling scholarship this fall as a marine biology major. "I played other sports, but I think bowling is the most exciting. Working hard at bowling makes your success so much better in the end."

Georgia Wiggins

Bishop Carroll Catholic High School senior
Wichita, Kan.
Age: 18



Wiggins, who began bowling at age 6, carries a 3.85/4.0 grade point average and is a member of National Honor Society. She has volunteered her time with Big Brothers Big Sisters, Habitat for Humanity, Meals on Wheels and more. This season, Wiggins racked up a 738 high series as well as city championship titles in singles and team.

"I'm surprised and happy to be on the All-American Team," said Wiggins, who will attend Newman University in the fall and bowl for the school's team. "This is something that other sports also award, and it's good that bowling is being recognized as a high school sport in the same way."

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\$100,000 High School Singles Championships

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1st Place in each division (boys & girls) will win a
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This Tournament is for “Graduated” High School
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ENTRY FEE \$50

Eligibility Rules:

2. Participants in the North Pointe Insurance Group \$100,000 High School Singles Championships must meet the following eligibility criteria:
 - a. A graduating senior in the academic 2006-07 year. AND
 - b. Must be registered with the USBC High School Team Membership OR must be a certified member of USBC OR pay a USBC Youth Associate Membership fee of \$12 to the Tournament Manager. AND
 - c. Maintain a minimum cumulative GPA of 2.0 (on a 4.0 scale) as determined by the High School they are graduated from.

Download entry form at www.bpaa.com

Entries close July 22nd —

Walk-in entries will not be accepted.

Mail or fax entries to: BPAA – NPIGHSB ☆P.O. Box 5802 ☆ Arlington, TX 76005 ☆Fax: (817) 633-2940

North Pointe Insurance Group
\$100,000 High School Singles Championships
Call 817-649-5105 Ext. 206 with questions.

USBC Junior Gold Program

The USBC Junior Gold program consists of the most elite youth bowlers in the United States and international competitors. The program's objective is to help youth bowlers maintain an interest in bowling through emphasis on advanced training, coaching and team bowling so they may continue to progress and excel in the sport.

The Junior Gold program helps youth bowlers learn all aspects of the sport to prepare them to continue to bowl competitively as they grow older. Members of the Junior Gold program regularly compete at the high school and collegiate level. Dedicated youth bowlers may participate in the Junior Gold program for several reasons: to thoroughly learn the nuances of the game, to earn college scholarships, to prepare for bowling at the intercollegiate level or possibly to prepare for international or professional bowling.

USBC Junior Gold members have the opportunity to win thousands of dollars in scholarships and spots on USBC Junior Team USA by competing at the USBC Junior Gold Championships. Junior Team USA members compete internationally against youth from around the world, while also having the opportunity to refine their games with assistance from top-notch coaches.

The Junior Gold program was developed with four goals in mind:

1. Retain USBC Youth members and attract new members.
2. Emphasize advanced training, coaching, team bowling and elite competition.
3. Act as feeder to collegiate bowling, USBC Junior Team USA, USBC Team USA and professional bowling.
4. Continue positive relations with the United States Olympic Committee.

USBC Junior Gold Member Requirements

- Athlete must obtain a minimum USBC Youth average of 165 for girls and 175 for boys, based on at least 21 games.
- Athlete must be a USBC Youth member in good standing.
- Athlete must purchase a Gold membership for an initial \$30 fee for new members or \$25 for renewal memberships or if joining with a friend (U.S. funds). The Junior Gold membership fee is separate from the regular USBC Youth membership fee. USBC Junior Gold membership is valid for one year from date of purchase (i.e. May 2006-May 2007). Once the Junior Gold membership is acquired it remains valid for that year, even if the athlete's average falls below the required minimum.

USBC Junior Gold Member Benefits

1. Special USBC Junior Gold membership card

Upon completing and returning the application form, each new member will receive a USBC Junior Gold membership card and a special sign-up gift. Payment must be directed to USBC Junior Gold Program, 5301 South 76th St., Greendale, WI 53129. Membership applications must be filled out completely to ensure prompt processing. *Gold Approach* newsletter insert in *US Youth Bowler*, the magazine for USBC Youth members *Gold Approach*, the official quarterly publication of the Junior Gold Program,

informs Junior Gold members about upcoming Gold qualifying tournaments and leagues, scholarship opportunities and coaching tips from top bowlers and coaches. This newsletter appears only in issues of *US Youth Bowler* that are addressed to Junior Gold members.

2. Increased Scholarship Opportunities

USBC Junior Gold members can compete in exclusive Junior Gold events with the chance to win thousands of dollars in scholarships throughout the season and earn their entry in the USBC Junior Gold Championships. In 2006, this event awarded \$80,000 in scholarships to athletes.

3. Opportunity to become a member of USBC Junior Team USA



Junior Team USA 2006

Junior Team USA is chosen annually at the USBC Junior Gold Championships. Team duties and activities begin Jan. 1 of the following year.

USBC Junior Team USA members will have many special experiences:

- Representing the United States in international competition
- Scholarship awards
- Training at the U.S. Olympic Training Center in Colorado Springs, Colo.
- All-expense paid national and international travel and competition
- Team uniforms
- Access to world-class coaching
- Recognition from other skilled bowlers
- Being a part of a feeder system for future USBC Team USA members

For more information about the Junior Gold program, contact:

USBC Junior Gold Program
5301 South 76th St.
Greendale, WI 53129
(800) 514-BOWL, ext. 3171
Fax: (414) 421-3014
E-mail: USBCjuniorgold@bowl.com
On the Web: bowl.com



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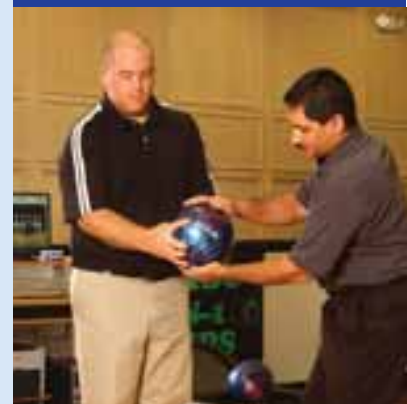
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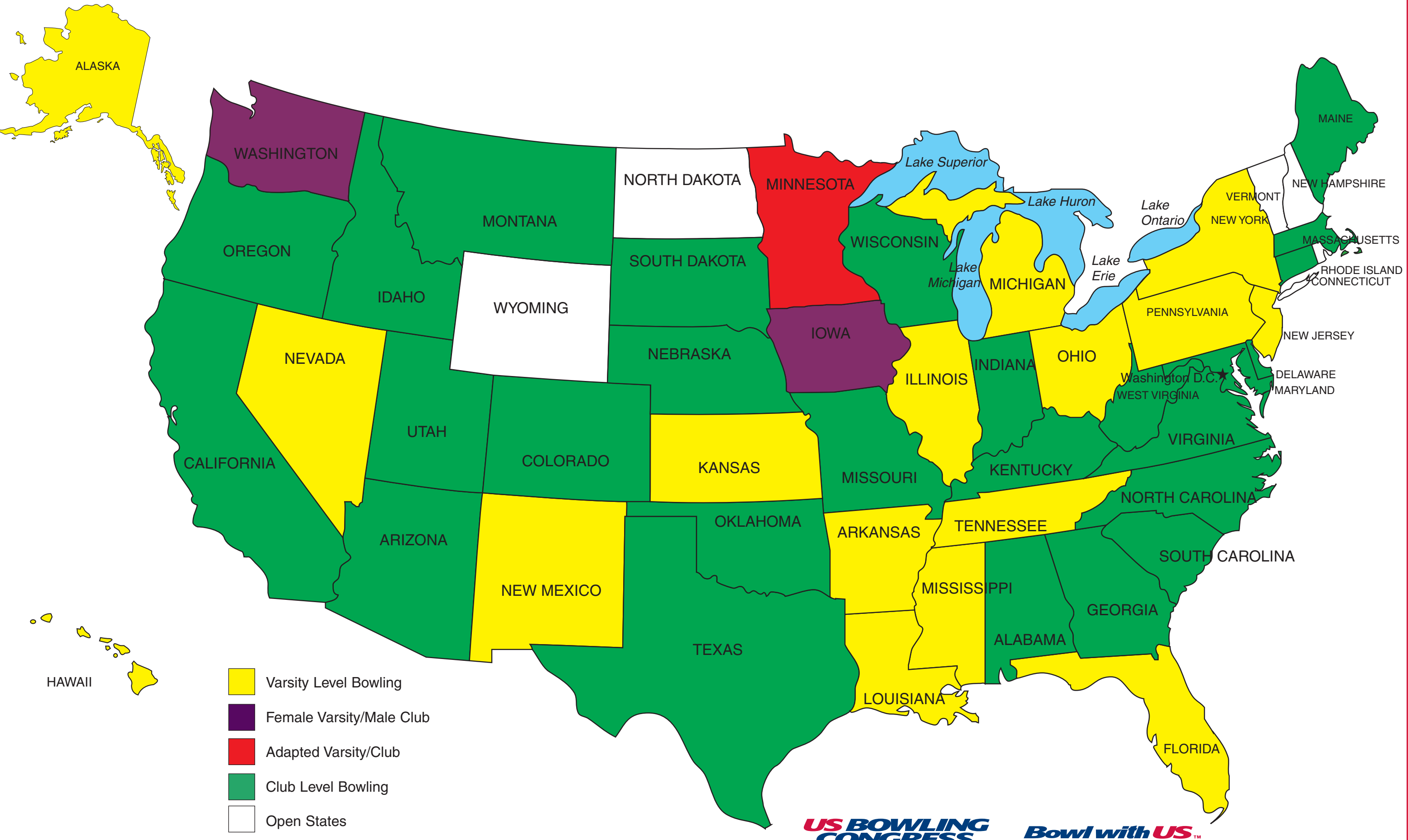
Lou Marquez & Mika Koivuniemi

"I have been training at Turbo's training facility for more than 8 years. It allows me to work on all aspects of my game. If I want to practice on specific lane patterns, drill new equipment, weight train or simply practice mechanics, Turbo Tech has everything. It's been a tremendous asset to my success."

Mika Koivuniemi – PBA Tour Professional



The Status of High School Bowling



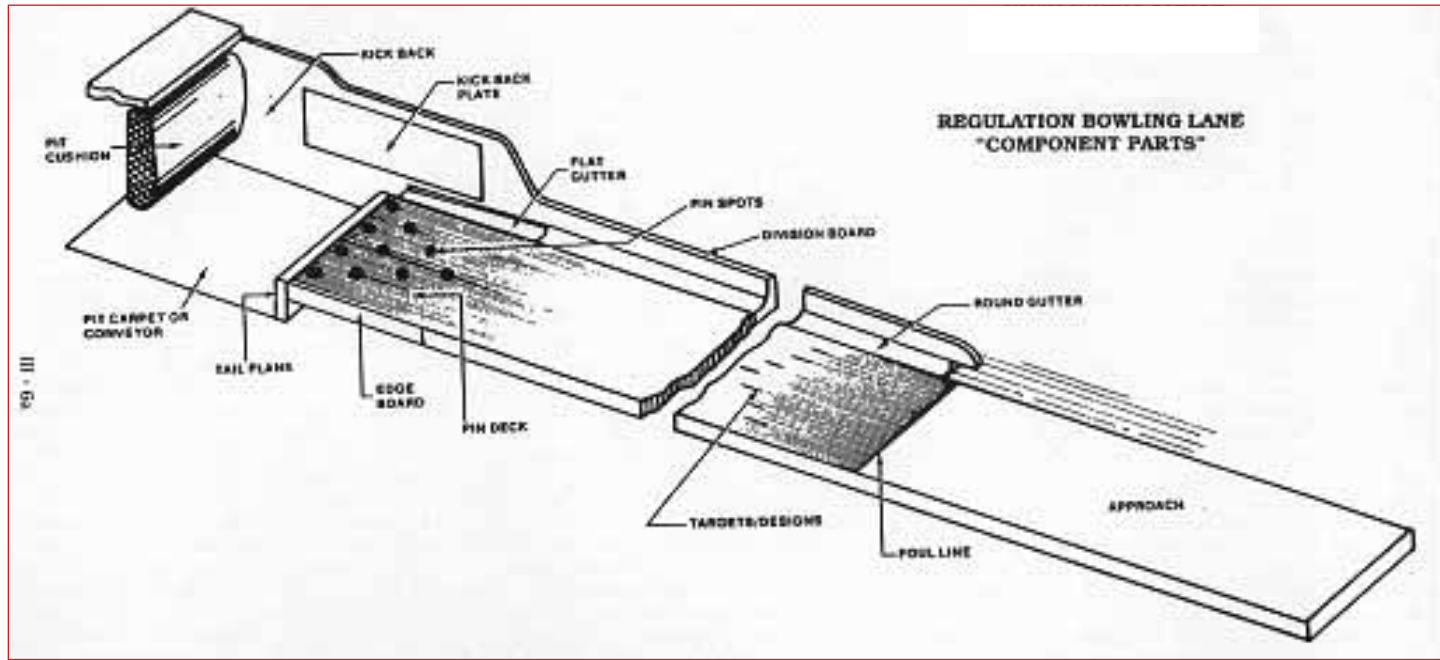
- Varsity Level Bowling
- Female Varsity/Male Club
- Adapted Varsity/Club
- Club Level Bowling
- Open States



Bowling Rules

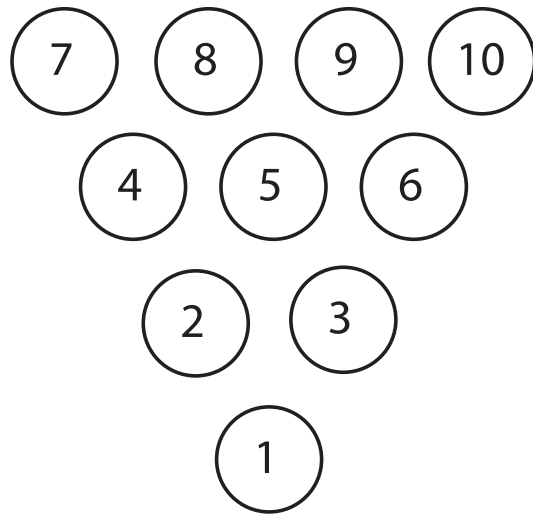
Note: The following rules are suggested playing rules for high school bowling competition adapted from the United States Bowling Congress rulebook. Contact your state high school athletic association for variations to these guidelines.

RULE 1. LANE AND PIN DIAGRAM



ART. 1 – LANE SPECIFICATIONS

Competitions must be scheduled on lanes that are currently USBC certified, and only USBC-approved equipment may be used.



RULE 2. GENERAL PLAYING RULES

Art. 1a – Game – Definition

A game of American tenpins consists of 10 frames. A player delivers two balls in each of the first nine frames unless a strike is scored. In the tenth frame, a player delivers three balls if a strike or spare is scored. Every frame must be completed by each player bowling in regular order.

Rules

Art. 1b – Baker System

The Baker System is a modified format consisting of teams of two or more bowlers.

Art. 2a – Strike

A strike is made when the full setup of 10 pins is knocked down with the first delivery in a frame. It is marked by an (X) in the small square in the upper right-hand corner of the frame where it was made. The count for one strike is 10 plus the number of pins knocked down on the player's next two deliveries.

Art. 2b – Double

Two consecutive strikes is a double. The count for the first strike is 20 plus the number of pins knocked down with the first delivery following the second strike.

Art. 2c – Triple or Turkey

Three successive strikes is a triple or turkey. The count for the first strike is 30.

Art. 2d – Spare

A spare is scored when pins left standing after the first delivery are knocked down with the second delivery in that frame. It is marked by a (/) in the small square in the upper right-hand corner of the frame. The count for a spare is 10 plus the number of pins knocked down by the player's next delivery.

Art. 2e – Open

An open is recorded when a player fails to knock down all ten pins after two deliveries in a frame.

Art. 2f – Split

A split is a setup of pins left standing after the first delivery, provided the head pin is down and:

At least one pin is down between two or more standing pins; i.e., 7-9 or 3-10.

At least one pin is down immediately ahead of two or more standing pins; i.e., 5-6.

Art. 3 – Scoring

Except when a strike is scored, the number of pins knocked down by the player's first delivery is to be marked next to the small square in the upper right-hand corner of that frame, and the number of pins knocked down by the player's second delivery is to be marked inside the small square. If none of the standing pins are knocked down by the second delivery in a frame, the scoresheet shall be marked with a (-). The count for the two deliveries in the frame shall be recorded immediately.

Art. 4 – Series – How Bowled

Two lanes immediately adjoining each other shall be used in each game of league play. The first game of a series shall start on the lane where the team is scheduled with each succeeding game starting on the lane where the team finished its previous game. At the option of the league, each game may be bowled on a different pair of lanes, but a full game must be bowled on each pair.

Art. 5a – Order of Bowling

Members of competing teams shall successively and in regular order bowl one frame on one lane, and for the next frame alternate and use the other lane until five frames are bowled on each lane of the pair. No changes can be made in the order of players after the start of a game.

Art. 5b – Uneven Number of Teams

In the event a competition has an uneven number of teams participating, the first bowler of a team cannot begin his/her next frame until the last bowler has completed the first ball of the team's previous frames.

Art. 6a – Legal Delivery

A delivery is made when the ball leaves the player's possession and crosses the foul line into playing territory. Every delivery counts unless a dead ball is declared. A delivery must be made entirely by manual means. Each delivery must be made with the same hand with the exception of injury or disability. No device may be incorporated in or affixed to the ball that detaches on delivery or is a moving part during delivery except those approved by USBC. A permanently disabled player may use special equipment to aid in grasping and delivering the ball.

Art. 6b – Changing Delivery

If because of injury or disability a bowler finds it necessary to change delivery from right- to left-handed or vice versa, the competition manager may permit the bowler to change delivery. If approval is obtained, the bowler must establish a new average.

Art. 7a – Definition of a Foul

A foul occurs when a part of the player's body or footwear encroaches on or goes beyond the foul line and touches any part of the lane, equipment or building during or after a delivery. A ball is in play after a delivery until the same or another player is on the approach in position to make a succeeding delivery. When a foul is recorded, the delivery counts but the player is not credited with any pins knocked down by that delivery.

Art. 7b – Deliberate Foul

When a player deliberately fouls to benefit by the calling of a foul, the player shall be credited with zero pinfall for that delivery and not allowed further deliveries in that frame. If questions arise, Article 12, Provisional Ball should be followed.

Art. 7c – Foul Detection

A USBC-approved automatic foul-detecting device must be used if available.

When not available, a foul judge must be stationed in a position to have an unobstructed view of the foul line. Should a foul-detecting device become temporarily inoperative, the competition manager may designate an individual(s) to call fouls.

Art. 7d – Apparent Foul

A foul shall be declared and recorded if the automatic foul detecting device or foul judge fails to call a foul that is

1	2	3	4	5	6	7	8	9	10
X	X	X	7 2	8 /	F 9	X	7 /	9 -	X X 8
30	57	76	85	95	104	124	143	152	180

apparent to:

Both coaches or one or more members of each of the opposing teams, Official scorer, or Competition manager. If there is a dispute, refer to Article 12, Provisional Ball.

Art. 8a – Legal Pinfall

Pins to be credited to a player following a legal delivery shall include:

- Pins knocked down or off the pin deck by the ball or another pin.
- Pins knocked down or off the pin deck by a pin rebounding from a side partition or rear cushion.
- Pins knocked down or off the pin deck by a pin rebounding from the sweep bar when it is at rest on the pin deck before sweeping dead wood from the pin deck.
- Pins that lean and touch the kickback or side partition.
- All such pins are termed dead wood and must be removed before the next delivery. No pins may be conceded and only pins actually knocked down or moved entirely off the playing surface of the lane as a result of a legal delivery may be counted.

Art. 8b – Illegal Pinfall

When any of the following occur, the delivery counts but the resulting pinfall does not:

- A ball leaves the lane before reaching the pins.
- A ball rebounds from the rear cushion.
- A pin rebounds after coming in contact with the body, arms or legs of a human pinsetter
- A pin is touched by mechanical pinsetting equipment.
- Any pin knocked down when dead wood is being removed.
- Any pin knocked down by a human pinsetter.
- The player commits a foul.
- A delivery is made with dead wood on the lane or in the gutter and the ball contacts such dead wood before leaving the lane surface.
- If illegal pinfall occurs and the player is entitled to additional deliveries in the frame, the pin(s) illegally knocked down must be respotted where they originally stood before delivery of the ball.

Art. 9a – Pins – Improperly Set

It is each player's responsibility to determine if a setup is correct. The player shall insist that any pin(s) incorrectly set be respotted before delivering the ball, otherwise the setup is deemed to be acceptable.

When bowling at a full setup or to make a spare if it is discovered immediately after the delivery that one or more pins are set improperly, but not missing the delivery and resulting pinfall count.

No change can be made in the position of any pin(s) left standing after the bowler's first delivery, unless:

1. The pinsetter moved or misplaced any pin(s), or
2. Any standing pin(s) is/are outside the range of the sweep bar.

Any such pin(s) will be respotted where it (they) originally stood before the delivery.

Art. 9b – Pins – Rebounding

Pins that rebound and stand on the lane must be counted

as standing pins.

Art. 9c – Pins – Replacement

Should a pin be broken or otherwise badly damaged during the game, it shall be replaced at once by another as nearly uniform in weight and condition with the set in use.

The competition manager shall determine whether pins shall be replaced.

A broken pin does not change the score made by the bowler. The pins knocked down are counted, and then the broken pin is replaced.

Art. 10 – Dead Ball

When a dead ball is called, the delivery does not count and the correct pins must be respotted. The player is allowed to rebowl that delivery.

- A ball shall be declared dead if any of the following occur:
- After a delivery, attention is immediately called to the fact that one or more pins were missing from the setup.
- A human pinsetter interferes with any standing pin before the ball reaches the pins.
- A human pinsetter removes or interferes with any downed pin before it stops rolling.
- A player bowls on the wrong lane or out of turn, or one player from each team on the pair of lanes bowls on the wrong lane.
- A player is interfered with by the pinsetter, another player, spectator, or moving object as the ball is being delivered and before delivery is completed. In such case, the player has the option to accept the resulting pinfall or have a dead ball called.
- Any pin is moved or knocked down as a player delivers the ball but before the ball reaches the pins.
- A delivered ball comes in contact with a foreign obstacle.

Art. 11 – Bowling on Wrong Lane

During competition, a dead ball shall be called and the player or players required to re-bowl on the correct lane when:

- One player bowls on the wrong lane.
- One player from each team on the pair of lanes bowls on the wrong lane.
- If more than one player on the same team bowls on the wrong lane in turn, all deliveries stand as bowled.
- Upon discovery, bowlers shall complete subsequent frames on the correct lanes.
- In singles match play competition where a player normally bowls two frames each time it is the player's turn to bowl, and the player bowls on the wrong lanes, a dead ball shall be called and the player required to re-bowl on the correct lanes, providing the error was discovered before the opposing player has made a delivery. Otherwise, the score stands as bowled, with all subsequent frames in the game bowled on the correct lanes.

Art. 12 – Provisional Ball

A provisional ball or frame shall be bowled when a protest involving a foul, legal pinfall or a dead ball is made and cannot be resolved. The following procedures apply when a dispute occurs:

For the first ball of any frame, or after the second ball in the 10th frame if the first ball was a strike:

Foul: The player shall complete the frame and then bowl one provisional ball at a full setup of pins.

Illegal Pinfall: The player shall complete the frame and then bowl one provisional ball at the same setup which would have remained standing had the disputed pin(s) not have fallen.

Dead Ball: The player shall complete the frame then bowl a complete provisional frame.

On a spare attempt or the third ball of the 10th frame:

Foul and Illegal Pinfall: No provisional ball is necessary.

Dead Ball: A provisional ball shall be bowled at the same setup which was standing when the disputed ball was bowled.

The scoresheet and a record of both scores for the frame which the provisional delivery was made shall be kept. The protest must be referred to the competition manager/games committee for a final decision.

Art. 13a – Scoring

Scores must be recorded in plain view of opposing players. Every frame bowled by each player shall be recorded.

The recorded scores are the official record.

Correction of clerical errors will be done in accordance with the procedures adopted by each state athletic/activities association.

Art. 13b – Scores – Lost

A game(s) or frame(s) within a game which is irretrievably lost in the scoring process is null and void. The game(s) or frame(s) must be rebowled unless one of the following conditions is met:

- Scores of any players that have been lost can be documented.
- The coaches can completely agree on one or more scores lost.

If scores on a pair of lanes can be documented or agreed upon, the game shall be continued from the point of interruption. If some but not all of the scores can be documented or agreed upon, those bowlers whose scores cannot be substantiated, shall rebowl the game to the point of interruption, at which the game shall be continued in regular order.

Art. 14 – Forfeit – Delay of Game

No unreasonable delay in the progress of any game is permitted. If a player or team refuses to proceed with a game after being directed to do so by the competition manager/games committee, the contest shall be declared forfeited.

Art. 15 – Interrupted Game

If equipment failure on a pair of lanes would delay the progress of a series, an official can:

Authorize the game and series to be completed on another pair of certified lanes; Authorize the game and/or series to be bowled on one lane when another pair of certified lanes is not available. However, when the original pair or another pair of certified lanes becomes available, the team(s) may resume play on a pair of lanes.

An interrupted game and series shall be resumed from

the point of interruption.

RULE 3. USBC EQUIPMENT SPECIFICATIONS

NOTE: The USBC Equipment Specifications Manual containing all USBC equipment specifications, including detailed information on all revised measurement and material specifications, is available at bowl.com or by contacting USBC at (800) 514-BOWL.

Art. 1 – Bowling Pins – Markings, Labels And Coatings

Pins used in USBC competition shall only bear the name and trademark of the original manufacturer or distributor and be marked "USBC Approved." Except for reasonable wear and color, the pins in each set must be uniform in appearance including finish and labels.

The coating of the pin must be transparent (clear) or solid color with the exception of the neck markings, identifying symbols or name which must be clearly visible or of a contrasting color.

Standard all wood or plastic coated pins shall bear the same labels and permit numbers and shall not vary more than four ounces in each set.

Synthetic pins shall bear the same labels and permit numbers and shall not vary more than two ounces in each set.

Art. 2 – Bowling Ball – Approval Bowling Balls

Balls used in USBC competition shall:

- Meet USBC equipment specifications at time of manufacture.
- Be USBC approved.
- Meet the following USBC specifications:

Art. 3 – Bowling Ball Material

A bowling ball shall be constructed of solid material (i.e., no liquids), without voids in its interior and conform to the specifications set forth in the USBC Equipment Specification Manual.

Any materials added to or included in the cover stock shall be equally distributed throughout the entire cover stock of the ball, except for materials used in logos and other required markings.

Art. 4 – Bowling Ball Weight, Size, Markings and Holes

The circumference of a ball shall not be more than 27 inches, nor shall it weigh more than 16 pounds. The diameter of the ball must be constant.

The surface of a ball must be free of all depressions or grooves of specific pattern, except for holes or indentations used for gripping the ball, identification letters and numbers, and incidental chipping or marring caused by wear. Any bowling ball used in USBC sanctioned competition must be approved and identifiable as a ball listed in the "Approved Bowling Balls" list located on the specifications and certifications page of bowl.com. Additionally, for identification purposes, each ball must have some form of serial number (this may be engraved or re-engraved by the bowler). Since all bowling balls manufactured prior to the creation of the ball list (January 1991) have been previously approved, the acceptance of these balls is at the discretion of the competition manager/games committee.

The following limitations govern drilling holes in a ball:

- Holes or indentations, not to exceed five, for gripping purposes.

- One hole for balance purposes, not to exceed 1-1/4 inch in diameter.
- One vent hole to each finger and/or thumb hole, not to exceed 1/4 inch in diameter.
- One mill hole for inspection purposes, not to exceed 5/8 inch in diameter and 1/8 inch in depth.

Art. 5 – Bowling Ball Balance

After drilling, the following tolerances are allowed in the balance of the ball:

For a ball weighing 10.0 pounds or more:

1. Not more than three ounces difference between the top of ball (finger hole side) and the bottom (solid side opposite finger holes).
2. Not more than one ounce difference between the sides to the right and left of the finger holes or between the sides in front and back of the finger holes.

For a ball weighing 8.0 pounds or more but less than 10.0 pounds:

1. Not more than two ounces difference between the top of the ball and the bottom.
2. Not more than 3/4 ounce difference between the sides to the right and left or between the front and back of the finger holes.

For a ball weighing 8.0 pounds or less:

1. Not more than 3/4 ounce difference between the top of the ball and the bottom.
2. Not more than 3/4 ounce difference between the sides to the right and left or between the front and back of the finger holes.

Art. 6 – Bowling Ball Other Requirements

Movable devices are not permitted in a ball except that a device for changing the finger span or the size of finger and thumb holes may be inserted, providing the device is locked in position during delivery and cannot be removed from the ball without destroying the device.

Removable devices shall be permitted, provided:

- Such devices are used for changing the span, pitch or the size of the gripping holes.
- Are constructed of a nonmetallic material.
- Are locked in position during delivery.
- No device shall be employed for the purpose of adjusting the static balance of the ball.
- No voids shall be permitted under the device.

All such devices must first be submitted and approved by USBC before being used in USBC competition. Once approved, the device may not be altered and may not be used in conjunction with any other approved device.

The introduction of metal or any other substance not comparable to the original material used in the manufacture of the ball is prohibited. Also, altering a ball in any way to increase its weight or cause it to be out of balance beyond the tolerances is prohibited.

Plugs may be inserted for the purpose of re-drilling a ball. Designs may be embedded in a ball as guides, or observation or identification purposes, provided the designs are flush with the outer surface of the ball. There shall be no interior voids and the plugs or designs must

be of material similar to, although not exactly the same as, the original material out of which the ball was made; and shall otherwise comply with all bowling ball specifications.

No foreign material may be placed on the outer surface of the ball.

Art. 7 – Bowling Ball Surface Hardness

The surface hardness of a ball shall be not less than 72 Durometer “D.” The use of chemicals, solvents or other methods to change the surface hardness of the ball is prohibited.

Art. 8 – Bowling Ball Altering Surface

Altering the surface of a bowling ball by the use of abrasives while bowling in USBC competition is prohibited. The use of approved cleaning agents such as isopropyl (rubbing) alcohols and polishing machines is permissible. All bowling balls so altered must be removed from the competition.

Art. 9 – Approaches and Foreign Substance

The application of any foreign substance on any part of the approach that detracts from the possibility of other players having normal conditions is prohibited. This includes, but is not limited to, such substances as talcum powder, pumice and resin on shoes. Soft rubber soles or heels that rub off on the approach are also prohibited.

RULE 4. COMPETITION

Art. 1 – American Tenpins

A game of American tenpins consists of 10 frames. A player delivers two balls in each of the first nine frames unless a strike is scored. In the 10th frame, a player delivers three balls if a strike or spare is scored. Every frame must be completed by each player bowling in regular order.

Art. 2 – Individual Match Play Format

The scores for the corresponding players in each team’s lineups are compared with the higher score being awarded the specified number of points.

Teams with less than a full lineup will receive a score of zero for each open position for the purposes of determining the winner of the individual point(s).

Art. 3 – Baker System

Each player in the lineup will complete one frame in successive order until 10 frames have been completed. The player who begins the 10th frame of the game will execute all deliveries for that frame.

The scores of the opposing teams are then compared with the higher score being awarded the specified number of points.

Teams with less than a full lineup will receive a score of zero for each open position in the rotation for the purposes of determining the team total score.

Art. 4 – Team Match Play Format

The individual scores of the players in the lineup are added together and compared with the score of the opposing team. The team with the higher score for each game is awarded the specified number of points.

Teams with less than a full lineup will receive a score of

zero for each open position for the purposes of determining the team total score.

Art. 5 – Total Pinfall

The individual scores of the players in the lineup are added and the teams are ranked according to highest total pinfall.

Art. 6 – Ties

The awarding of points or breaking of ties will be done in accordance with the procedures adopted by each state athletic/activities association.

RULE 5. COMPETITION RULES

Art. 1 – Competition Manager/Games Committee

Competition shall be administered by a competition manager. In conjunction with the competition manager, a game committee shall assume responsibility for all aspects of the competition management. The games committee shall make decisions on matters not specifically covered by the rules or on the misapplication of a rule during a competition. The decision of the competition manager and games committee is final.

Art. 2 – Competition manager

The competition manager or his/her designee will conduct a pre-meet conference with a school representative from each team to review the competition procedures, lane assignments and provide any special instructions.

The competition manager is responsible for making decisions on matters not specifically covered by the rules.

Art. 3 – Appeal

Club Level — The decision of the competition manager or games committee is final, unless an appeal is made USBC High School within 48 hours of the decision.

Varsity Level — Appeals of on-site decisions will be determined in accordance with the procedures adopted by each state athletic/activities association

Art. 4a – Roster/Lineup

No later than the start of the game, a coach shall submit to the competition manager an accurate roster of all eligible players on the team. The coach shall designate the starting lineup prior to the start of each game.

Art. 4b – Legal Lineup

A legal lineup will be determined in accordance with the procedures adopted by each state athletic/activities association.

Art. 5a – Round – How Bowled

Two lanes immediately adjoining each other shall be used in each game of play. The first game of a round shall start on the lane where the team is scheduled with each succeeding game starting on the lane where the team finished its previous game. Each game may be bowled on a different pair of lanes, but a full game must be bowled on each pair.

Art. 5b – Order of Bowling

Members of competing teams shall successively and in regular order bowl one frame on one lane, and for the next frame alternate and use the other lane until five frames are bowled on each lane of the pair. No changes may be made in the order of players after the start of a game.

When a team bowls against another team with the same number of bowlers, the next frame may be started prior to completion of the previous frame.

Art. 6 – Substitutes

Substitutes will be allowed in accordance with the procedures adopted by each state athletic/activities association.

Art. 7 – Coach

To participate in a competition each team is to have a high school coach present at all times.

The high school coach will determine the members of the roster and is responsible for the eligibility of the team. The high school coach will determine the players and their order in the lineup for the competition.

The high school coach will record the scores following a game or round.

RULE 6. CONDUCT

Section 1 – Unsportsmanlike Conduct: Defined

Art. 1 – Unsportsmanlike conduct includes actions which are unbecoming to an ethical, fair, or honorable individual. It consists of acts of deceit, disrespect or vulgarity and includes taunting.

Art. 2 – Taunting which is intended or designed to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin.

Art. 3 – Improper tactics in connection with the game of bowling includes, but is not limited to physical and verbal abuse toward other persons.

Section 2 – Conduct: Players, Coaches, School Representatives

Art. 1 – No player, coach and/or school representatives shall act in an unsportsmanlike manner, taunt or engage in improper tactics while on or near the competition before, during or between games.

Art. 2 – A team shall not refuse to play when directed to do so by the tournament manager.

Art. 3 – No official or game personnel shall use any form of alcohol or tobacco product beginning with arrival at the competition site until departure following the completion of the competition.

Section 3 – Penalties

Penalties for violations of these articles will be determined in accordance with the procedures adopted by each state athletic/activities association.

RULE 7. TERMS AND DEFINITIONS

All terms are listed alphabetically in the definition section.

- A -

ABSENTEE – The score used for a player on the roster who is absent.

APPROACH – Portion of lane behind foul line used by bowlers to build momentum to delivery.

ARROWS – Aiming points embedded in the lanes starting about 15 feet from the foul line.

AWARD – Prizes given based on merit pinfall or position standings

- B -

BAKER SYSTEM – A format consisting of two or more members following each other in order, each bowling a complete frame, until a complete game is bowled. Ten frames are combined to calculate a team game.

BONUS – Used in match play bowling for winning a match. A match can consist of one or more games in a particular match. The amount of the bonus awarded is defined by each competition.

- C -

CLEAN GAME – A game with spares or strikes in every frame.

COACH – An individual who counsels or gives suggestions that influence a player in determining his or her play, the choice of equipment or the method of delivery.

COMPETITOR – Those participating in the competition.

COMPETITION – An event where two or more teams compete.

COMPETITION MANAGER – The competition manager organizes and conducts all competition. They are responsible for all decisions made at each competition.

COUNT – Number of pins knocked down on each first ball.

- D -

DELIVERY – The combination of a bowler's approach and release.

DOUBLE – Two consecutive strikes.

DRESSING (Also OIL) – The substance used to coat or dress the lanes, a necessity to protect the lane surface. Usually has a mineral oil base.

DEAD WOOD – Any fallen pins remaining after the execution of any delivery.

DEAD BALL – Any delivery made not counting for score during competition.

- E -

EQUIPMENT – Anything used, worn or carried by or for the player.

ETIQUETTE – The manner in which the game should be played. If they are followed all players will gain maximum enjoyment from the game. The overriding principle is that consideration should be shown to others in the competition at all times.

- F -

FOUL – Touching or going beyond the foul line with any body part at delivery.

FOUL LINE – Solid stripe, usually black, which separates the approach from the lane. The foul line is of infinite length including walls, flooring, posts and ball returns.

FRAME – Each game is divided into 10 frames, the first nine allowing a maximum of two shots with three shots allowed in the 10th frame.

- G -

GAMES COMMITTEE – A committee appointed by the competition manager to assist with the competition.

- H -

HANDICAP – Pins awarded to individuals or teams in an attempt to equalize the competition.

HEADPIN – The 1-pin.

- L -

LINEUPS – The order in which members of a team will compete for the game or match.

Lane Conditions – Distribution of lane conditioner on the playing surface.

- M -

MATCH PLAY – Portion of competition in which bowlers are pitted against each other.

MIXED COMPETITION – Organized competition of men and women competing together.

- O -

OPEN – An open is recorded when a player fails to knock down all 10 pins after two deliveries in a frame.

- P -

PERFECT GAME – Rolling 12 consecutive strikes in one game for a score of 300.

PIN – A pin must weigh between 3 lb., 6 oz. and 3 lb., 10 oz. It is 15 in. high and 15 inches in circumference at its broadest point.

PIN DECK – The area where the pins are set. (See Rule 1 Art. 1)

PIT – Open area behind pin deck where pins and balls gather.

POSITION ROUNDS – Part of competition when teams or players face each other based on their standings.

Example, first place meets second, third meets fourth, etc.

- R -

RETURN – The track on which balls roll from the pit to the ball rack.

REBOWL – Usually done when a dead ball is called or scores are lost.

RESPOTTED – The act of setting a pin back on the pin deck on its proper spot.

- S -

SANCTIONED – Bowling competition conducted in accordance with USBC rules, on equipment manufactured and installed to the organizations specifications.

SCORER – Individual responsible for maintaining a record of the competition.

SCRATCH – Competition calculated by only gross total pinfall.

SETTEE – The bowlers area between the approach and concourse.

SPARE – Knocking down all 10 pins with two balls.

SPIRIT OF THE GAME – Unlike many sports, bowling is played for the most part without the supervision of a referee or umpire. The game relies on the integrity of the individual to show consideration for other players and to abide by the rules.

SPLIT – A spare leave in which the head pin is down and the remaining combination of pins have a gap in them, ranging from the 4-5 to the 7-10.

STRIKE – Knocking down all 10 pins on the first ball.

SUBSTITUTE – A substitute is a bowler who replaces another who is scheduled to participate.

- T -

TOTAL PINFALL – A competition which is decided by adding the total pinfall of the team members and ranking the competitors from highest to lowest.

TRIPLE/TURKEY – Three consecutive strikes.

- U -

UNSPORTSMANLIKE CONDUCT – Unsportsmanlike conduct includes actions which are unbecoming an ethical, fair or honorable individual. It consists of acts of deceit, disrespect or vulgarity and includes taunting.

UNITED STATES BOWLING CONGRESS (USBC) – Recognized by the U.S. Olympic Committee as the governing body of bowling and the organization responsible for amateur competition in the United States.

- V -

VACANCY – The score used for an open positioning the lineup of a team with an incomplete roster.

RULE 8. POINTS OF EMPHASIS Modified Formats

When modified formats are used for tournaments, all rules apply except those directly affecting the modified format.

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RULE 9. AMATEURISM

All high school bowling athletes must comply with their own state high school athletic/activities amateur eligibility rules.

RULE 10. INSTRUCTIONS FOR THE SCORER

The official scorer should record the names of the starting players of each team in the order that they will compete.

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State High School Contacts

State coordinator
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ALABAMA

Andrew Cummings
AMF Auburn Lanes
719 Opelika Highway
Auburn, AL 36830
(334) 887-6573

Alabama High School Athletic Association
926 Pelham St.
Montgomery, AL 36104
(334) 263-6994
www.ahsaa.com

ALASKA

Chris Clapper
Alaska BPA
3717 Minnesota Dr.
Anchorage, AK 99503
(907) 562-2695

Alaska School Activities Association, Inc.
4048 Laurel St.
Suite 203
Anchorage, AK 99508
(907) 563-3723
www.asaa.org

ARIZONA

Kris Zahn
The Positive Approach
5627 S. Mitchell Dr.
Suite 101
Tempe, AZ 85283
(480) 663-3128

Arizona Interscholastic Association, Inc.
7007 North 18th St.
Phoenix, AZ 85020
(602) 385-3810
www.aiaonline.org

ARKANSAS

Dwayne Hippensteel
Arkansas Bowling Center Association
4115 Redford Ct.
Benton, AR 72015
(501) 794-2164

Arkansas Activities Association
3920 Richards Rd.
North Little Rock, AR 72117
(501) 955-2500
www.ahsaa.org

CALIFORNIA

Sandi Thompson
Northern California BPA
1048 Serpentine Ln.
Pleasanton, CA 94566
(925) 485-1855
www.norcalbpa.com

Bill Walbrecher
Southern California BPA
6876 Indiana Ave., Suite J
Riverside, CA 92506
(951) 774-0940
www.socalbowling.com

California Interscholastic Federation
1320 Harbor Bay Pkwy.
Alameda, CA 94502
(510) 521-4447
www.cifstate.org

COLORADO

Daniel Gutierrez
Colorado State BPA
1277 S. Carson Way
Aurora, CO 80012
(303) 369-3546
www.coloradobowling.com

Colorado High School Activities Association
14855 E. Second Ave.
Aurora, CO 80011
(303) 344-5050
www.chsaa.org

CONNECTICUT

Ken West
Connecticut BPA
919 Poquonock Ave.
Windsor, CT 06095
(860) 687-1365

Connecticut Interscholastic Athletic Conference, Inc.
30 Realty Dr.
Cheshire, CT 06410
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Michelle Turner-Billings
Delaware State H.S. Bowling
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Dover, DE 19904
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Greendale, WI 53129
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District of Columbia Interscholastic Athletic Association
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Hamilton School
Washington DC 20002
(202) 698-3326

FLORIDA

Dave Driscoll
Florida State H.S. Bowling
1017 Elysium Blvd.
Mount Dora, FL 32757
(352) 383-9763

Florida High School Activities Association
1801 NW 80th Blvd.
Gainesville, FL 32606
(352) 372-9551
www.fhsaa.org

GEORGIA

Tom Walker
Suburban Lanes
2619 N. Decatur
Decatur, GA 30033
(404) 373-2514

Georgia High School Association
151 South Bethel St.
P.O. Box 271
Thomaston, GA 30286
(706) 647-7473
www.ghsa.net

State High School Contacts

HAWAII

Jared Kaufman
Hawaii State H.S. Bowling
718 Kii St.
Honolulu, HI 96825
(808) 952-7256

Hawaii High School Athletic Association
P.O. Box 62029
1202 Prospect St.
Honolulu, HI 96839
(808) 587-4495
www.sportshigh.com

IDAHO

Wally Studer
Idaho State H.S. Bowling
725 Minidoka Ave.
Burley, ID 83318
(208) 679-2695

Idaho High School Activities Association
8011 Ustick Rd.
P.O. Box 4667
Boise, ID 83711
(208) 375-7027
www.idhsaa.org

ILLINOIS

Bill Duff
Illinois BPA
7356 North Cicero Ave.
Lincolnwood, IL 60712
(847) 982-1305
www.bowllinois.com

Illinois High School Association
2715 McGraw Dr.
P.O. Box 2715
Bloomington, IL 61702
(309) 663-6377
www.ihsa.org

INDIANA

Steve Kunkel
Indiana H.S. Bowling
5455 West 86th St., Suite 100
Indianapolis, IN 46268
(317) 874-2695
www.indianagobowl.com

Indiana High School Athletic Association
9150 N. Meridian St.
P.O. Box 40650
Indianapolis, IN 46260
(317) 846-6601
www.ihsaa.org

IOWA

Jan Johnson
Iowa BPA
2518 Clarkson Ave.
Des Moines, IA 50310
(515) 255-0808

Iowa Girls High School Athletic Union
Troy Dannen
2900 Grand Ave.
Des Moines, IA 50312
(515) 288-9741

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1605 S. Story
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LOUISIANA

Ricky Bourgeois
Louisiana State H.S. Bowling
12237 East Millburn
Baton Rouge, LA 70815
(225) 272-2508

Louisiana High School Athletic Association
8075 Jefferson Highway
Baton Rouge, LA 70809
(225) 925-0100
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Maine Principals' Association
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(207) 622-0217
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Scott Bennett
Michigan H.S. Bowling
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MINNESOTA

Josh Hodney
Minnesota BPA
235 Roselawn Ave. East, Suite 17
Maplewood, MN 55117
(800) 622-7769

Minnesota State High School League
2100 Freeway Blvd.
Minneapolis, MN 55430
(763) 560-2262
www.mshsl.org

MISSISSIPPI

Kevin Hartigan
Mississippi State H.S. Bowling
625 Robert E. Lee Dr.
Tupelo, MS 38801
(662) 842-1132

Mississippi High School Activities Association, Inc.
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(601) 924-6400
www.misshsaa.com

MISSOURI

Gary Voss
St. Louis BPA
P.O. Box 441
15727 Manchester Rd.
Ballwin, MO 63022
(636) 227-1469

Missouri State High School Activities Association
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Tom Brendgord
Montana BPA
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Great Falls, MT 59404
(406) 453-2599

Montana High School Association
1 South Dakota Ave.
Helena, MT 59601
(406) 442-6010
www.mhsa.org

NEBRASKA

John Losito
Nebraska H.S. Bowling
321 Victory Ln.
Lincoln, NE 68528
(402) 475-3469
www.nhsbf.com

Nebraska School Activities Association
8230 Beechwood Dr.
P.O. Box 5447
Lincoln, NE 68510
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Barbara Youngman
Clark County School District
832 East Flamingo Rd.
IOC #643
Las Vegas, NV 89121
(702) 799-8695

Nevada Interscholastic Activities Association
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Suite 505
Reno, NV 89501
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State High School Contacts

Kelly Bednar
5900 Oak Forest Dr.
Raleigh, NC 27616
(919) 796-9935

North Carolina High School Athletic Association, Inc.
222 Finley Golf Course Rd.
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NORTH DAKOTA

Bob Strack
North Dakota BPA
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Fargo, ND 58109
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North Dakota High School Activities Association
134 NE Third St.
P.O. Box 817
Valley City, ND 58072
(701) 845-3953
www.ndhsaa.com

OHIO

Greg Coules
Ohio H.S. Bowling
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Centerville, OH 45475
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Ohio High School Athletic Association
4080 Roselea Place
Columbus, OH 43214
(614) 267-2502
www.ohsaa.org

OKLAHOMA

Tommy Gann
Oklahoma H.S. Bowling
5643 South 167 West Ave.
Sand Springs, OK 74063
(918) 245-4762

Oklahoma Secondary School Activities Association
7300 N. Broadway Extension
P.O. Box 14590
Oklahoma City, OK 73116
(405) 840-1116
www.ossaa.com

OREGON

Colleen Padilla
Oregon State USBC High School Bowling
1148 Leland St.
Medford, OR 97501
(541) 601-6918

Oregon School Activities Association
25200 SW Parkway Ave., Ste. 1
Wilsonville, OR 97070
(503) 682-6722
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PENNSYLVANIA

Angelo Bordogna
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SOUTH CAROLINA

Donald Wright
South Carolina BPA
244 Lloydwood Dr.
West Columbia, SC 29172
(803) 434-6973

South Carolina High School League
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P.O. Box 211575
Columbia, SC 29210
(803) 798-0210
www.schsl.org

SOUTH DAKOTA

Howard Kolhoff
South Dakota State H.S. Bowling
349 N Meyer Ln.
Sioux Falls, SD 57103-6513
(605) 339-4410

South Dakota High School Activities
Association
204 N. Euclid, Suite 102
Pierre, SD 57501
(605) 224-9261
www.adhsaa.com

TENNESSEE

Roy Baudoin
Smyrna Bowling Center
95 Weakley Ln.
Smyrna, TN 37167
(615) 355-0501

Tennessee Secondary School Athletic
Association
3333 Lebanon Rd.
Hermitage, TN 37076
(615) 889-6740
www.tssaa.org

TEXAS

Karen Miller
Texas BPA
5700 Grover Ave.
Austin, TX 78756
(512) 467-9331
www.texasbowling.com

Texas University Interscholastic
League
1701 Manor Rd.
Austin, TX 78722
(512) 471-5883
www.uil.utexas.edu

UTAH

Debbie Wade
Utah State H.S. Bowling
6442 S. Broderick Dr.
West Jordan, UT 84084
(801) 967-6736

Utah High School Activities
Association
199 East 7200 South
Midvale, UT 84047
(801) 566-0681
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Vermont Principals' Association, Inc.
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Montpelier, VT 05602
(802) 229-0547
www.vpaonline.org

VIRGINIA

Mary Pancoast
Virginia State H.S. Bowling
173 Alpine St.
Newport News, VA 23606
(757) 930-1346

Virginia High School League
1642 State Farm Blvd.
Charlottesville, VA 22911
(434) 977-8475
www.vhsl.org

WASHINGTON

Greg Olsen
Washington BPA
6333 1st Ave. South.
Seattle, WA 98108
(304) 877-6615
www.wsbpa.com

Washington Interscholastic Activities
Association
435 Main Ave. South
Renton, WA 98055
(425) 687-8585
www.wiaa.com

WEST VIRGINIA

David Warman
West Virginia State BPA
114 Martin Ln.
Mount Hope, WV 25880

West Virginia Secondary School
Activities Commission
2875 Staunton Turnpike
Parkersburg, WV 26104
(304) 485-5494
www.wvssac.org

WISCONSIN

Pete Riopelle
Wisconsin H.S. Bowling
N86 W18330 Main St.
Menomonee Falls, WI 53051
(262) 255-1580
www.wihsbowlclub.com

Wisconsin Interscholastic Athletic
Association
5516 Vern Holmes Dr.
Stevens Point, WI 54481
(715) 344-8580
www.wiaawi.org

WYOMING

Charlene Abbott
Wyoming BPA
814 Illinois
Rawlins, WY 82301
(307) 328-2653
www.bowlwyo.com

Wyoming High School Activities
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USBC Coaching: Making the difference in your game

Elevate your high school bowling program by joining forces with the United States Bowling Congress Coaching program.

Only certification through USBC Coaching will give high school coaches the professional training and resources they need to lead their bowling teams to success. Certified coaches will develop skills in the four essential areas of bowling: the physical game, lane play, equipment and the mental game.

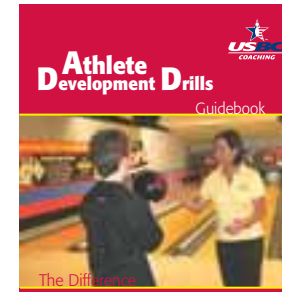
USBC Coaching – the only coaching program for bowling recognized by the United States Olympic Committee – offers three core levels of certification: Level I, Bronze and Silver. It is strongly recommended that high school bowling coaches be certified through USBC Coaching.

For more details about USBC Coaching's Level I, Bronze and Silver certification programs, and to locate a certification class in your area, visit the Coaching section of bowl.com.

Instructional materials make better coaches

USBC Coaching offers a wide variety of helpful instructional materials and coaching tools to increase skills and understanding of the sport:

Athlete Development Drills Guidebook – Coaches and bowlers alike will find the Athlete Development Drills Guidebook an essential part of their bowling library. The kit – which includes a printed guidebook and DVD – details and demonstrates 29 drills that coaches will need to properly teach the fundamentals of bowling. Bowlers will find the drills vital to their progress as athletes. The DVD features Diandra Asbaty, USBC Silver level certified coach, nine-time USBC Team USA member and USBC Youth spokesperson.



Bowler's Guide – The Bowler's Guide is an invaluable learning and teaching resource. The 84-page bound book has been revised based on the principles of the USBC Coaching program and is an effective tool that includes current, practical information for all bowlers and coaches.



USBC Coaching offers useful coaching tools:

- *Coaches' Clipboard* - This dry erase clipboard features images of four bowling lanes (two on each side) and is a must-have for team coaching.
- *Advanced Adjustments Package* - This comprehensive collection of adjustments for bowling features USBC Team USA head coach Jeri Edwards, USBC Coaching Program founder Fred Borden and USBC Sport Bowling spokesperson and Denny's Professional Bowlers Association champion Chris Barnes. The package includes a book, two mental-game audio cassettes and the choice of either a CD or VHS tape to see the adjustments made.

For the entire line of product offers as well as pricing and ordering information, visit the Coaching section of bowl.com.



USBC COACHING

the Difference

Get your athletes to the next level – enhance your coaching skills with a Bronze or Silver certification from USBC Coaching.

The intermediate and advanced training will help you to improve your athlete's physical and mental game, lane play and knowledge of equipment and ball motion.

USBC Coaching also offers coaching materials, tools and coach development programs. Build your instructional library with advanced skills books and materials available from USBC Coaching.

For current information on all USBC Coaching programs, products, scheduled training and events, visit the Coaching section of bowl.com or call (800) 514-BOWL, ext. 3169.

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USBC COACHING

See a coach TODAY

USBC Coaching: Guiding your program to success



The International Bowling Pro Shop and Instructors Association International Educational Conference and Bowling Coaches Summit offers coaches a valuable opportunity to learn from the most well-respected coaches and leaders in the bowling industry.

Plan to attend the IBPSIA International Education Conference and Bowling Coaches Summit

Valuable opportunities await high school bowling coaches at the 2007 International Bowling and Pro Shop Instructors Association International Education Conference and Bowling Coaches Summit in Las Vegas.

The cooperative conference – a joint effort between IBP-SIA, USBC Collegiate, USBC High School and USBC Coaching – again promises to be an unmatched opportunity for coaches, pro shop operators, proprietors and other bowling industry professionals to learn, interact and network.

The summit, which drew close to 300 attendees in 2006, will again be held in Las Vegas to coincide with International Bowl Expo so that attendees may also visit the bowling industry's premier trade show and exhibit. Visit bowlexpo.com for more information about dates and location.

For more details about the IBPSIA International Education Conference and Bowling Coaches Summit, visit bowl.com and ibpsia.com in the coming months.

Join USBC Coaches Association

Once coaches earn USBC certification, they should take advantage of a host of valuable benefits – including \$1 million in liability insurance – by joining the USBC Coaches Association.

The USBC Coaches Association includes two types of membership to fit a coach's needs – standard and premium. Among the standard membership benefits coaches receive for only \$30:

- Official USBC Coaches Association membership card.
- Subscription to the information-packed USBC Coach newsletter (four issues) – now a special insert in US Bowler magazine.
- Personal Web page on bowl.com: \$25 (\$50 value). Visit the Coaching pages on bowl.com to view a sample by

clicking on “Coaching,” “For Coaches” and “Coaches Association.”

- Special pricing on selected USBC Coaching items (see merchandise pages on bowl.com).
- Premium members receive all the benefits of standard membership plus \$1 million in liability and accident insurance coverage for only \$80.

Individuals joining the USBC Coaches Association who do not hold certification as a USBC Level I, Level II, Bronze or Silver coach are encouraged to complete the Level I certification to take advantage of the liability insurance offered through the premium membership.

For more information or to request a 2006 USBC Coaches Association membership form, call (800) 514-BOWL, ext. 3169 or visit the Coaching section of bowl.com.

USBC High School Coaches Guide

The USBC High School Coaching Guidebook is a valuable tool for coaches seeking ideas for coaching a high school bowling team.

The 48-page manual includes topics such as working with the administration, organizing and running practices, fund-raising programs, team selection and more.

In addition, the guide features a number of samples taken from the Westerville (Ohio) South High School bowling program, which provides an outstanding example of how building a team can make the program fun for everyone involved.

This manual was designed for high school bowling coaches who have already formed programs at the club or varsity level.

The USBC High School Coaching Guidebook costs \$10 and may be ordered by calling (800) 514-BOWL.

Visit the Coaching section of bowl.com for more information about USBC Coaching.

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The NCAA elevated women's bowling to an NCAA championship sport beginning with the 2003-04 academic year. The proposal to elevate women's bowling to NCAA championship sport status was approved by the governance structures of all three NCAA divisions once the minimum 40 programs were elevated to varsity status and were sponsored by their member institutions for one academic year.

USBC Collegiate also conducts the USBC Intercollegiate Team Championships and USBC Intercollegiate Singles

Championships. It also works with the National Collegiate Bowling Coaches Association to determine All-America and Academic All-America recognition, Rookie of the Year and the Most Valuable Player honors.

USBC High School and Collegiate work closely to develop programs that are in alignment with one another. High school bowling serves as a feeder program to intercollegiate competition. The two programs work closely to ensure the transition of high school athletes into the collegiate ranks.

For more information on USBC Collegiate, contact:

USBC Collegiate
5301 South 76th St.
Greendale, WI 53129
(800) 514-BOWL, Ext. 3179
Fax: (414) 421-3014

On the Web: Collegiate section of bowl.com

E-mail: usbccollegiate@bowl.com

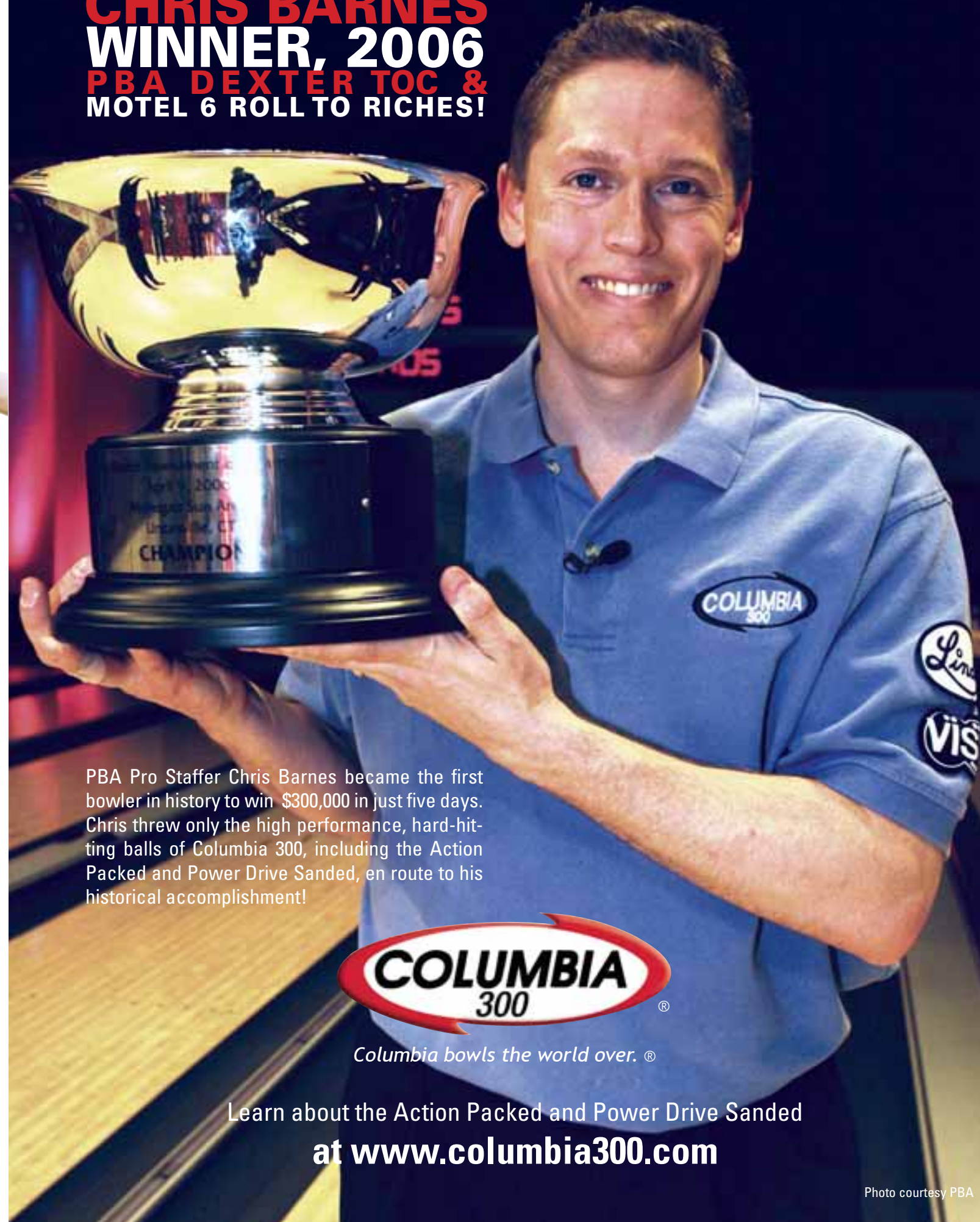


USBC Collegiate, the sport's national intercollegiate governing body, is dedicated to providing collegiate bowling opportunities to enhance students' academic, athletic and personal development.

USBC Collegiate maintains the eligibility and integrity of club and varsity bowling by providing certification and regulation of the sport at the collegiate level. USBC Collegiate also provides recreational opportunities, assistance and leadership in implementing bowling programs as well as avenues for skill and leadership development to ensure pride and enjoyment in the sport.

The National Collegiate Athletic Association, National Junior College Athletic Association and National Association of Intercollegiate Athletics recognize USBC Collegiate as bowling's national intercollegiate governing body.

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